**IUD Spot-Health worker** 

**SFX**

*Distinct sound of footsteps, door opening and closing.*

**Doctor:** Madam, have a seat. How can I help you today?

**MADAM:** (SFX... sound of person settling in seat)Doctor, I have been thinking about using a pregnancy prevention method but I am not sure which one might be right for me.

**Doctor**: That is understandable. Many women are unsure of what to use.

**MADAM:** Yes, my friend told me she uses an IUD and says I should try it out. She says she has had it for three years and it is working fine and advised me to use the same.

**Doctor:** That is good advice. An IUD is a very effective family planning method and can last for 3, 5 or even up to 12 years.

**MADAM:**  Okay, but is it safe for my body? I hear some other women saying it disappears from the uterus and can move to the heart.

**Doctor:** The IUD is safe and it doesn’t move from the uterus once inserted by a health worker.

**VOICE OVER**

***Talk to a health worker about a pregnancy prevention method that works for you. For more information, call 0800211046 toll free.***

***Obulamu, brought to you by the Ministry of Health with support from USAID.***