**IUD Spot**

**SFX**

Distinct sound of two people walking, footsteps get heavier as people approach - one panting

**FIONA:** Grace, wait for me!

**GRACE:** Fiona, if you were not pregnant, I would be gone. We are moving too slow.

**FIONA:** Is it that bad, eh**? (sighs again)** Okaylet’s rest a bit (sound of women seating on leafy ground)

**GRACE**: So, ah huh? You were saying you are done with children… 3 are enough?

**FIONA:** Yes, David and I agreed 3 it is for us. But I am not sure of a pregnancy prevention method to use after delivery. I am considering the IUD, but I hear scary stories about it. I hear it goes to the heart.

**GRACE:** You Know what, I have used the IUD for 3 years now and it has worked very well for me.

**FIONA:** Thank God! I will talk to my health worker to learn more about it.

**VOICE OVER**

***Talk to a health worker about a pregnancy prevention method that works for you. For more information, call 0800211046 toll free.***

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