



MPOX

Gwok iguda pa ongera

NGO MA OMYERO INGE

Gwok iguda pa ongera obedo two ma aa ki ikom lee ci mako dano ma eni pol-le time itwok bunga ma tye kunyango me lobo Africa ma ikudyere kama bunga dwong iye ki ikupoto ceng me Africa ka nyaa me cito ikabedo mukene.

Gwok iguda pa ongera obedo two ma kwidi Virus aye nyayo. Lanyut me two eni tye calo me two gwok iguda ma wangeyo ni kadi bed ni petek tutwal.

Lanyut me two

- Oonyo pa Del kom
- Lyeto
- Oonyo pa dwon
- Abar Wic
- Arem kom
- Arem pye
- Goro Kom
- Angu- ngulo kwot



Kobo nining?

- Kobo ki ikom ngat matye kwede cito bot ngat mukene:
 - Ka igudo kom ma oonyo onyo pig kom
 - Ywayo yamo matye ki kwidi ni
 - Kwed nyutu ni buto I kin laco ki dako aye weko two eni nyaa madwong
 - Jami ma tye iye kwidi lapore macalo libira, kabutu, cuka, bongi, jami ma kicamo kwedgi, ki jami ma dano tiyo kwede me cobo miti me butu ikin laco ki dako ikin jami mukene mapol.
- Gwok iguda pa ongera kobo ikom dano kun kati ki ii bedo inget ngat matye ki two kacelo ki jami ma kwidi tye ikomgi.

Anga ma ma kare tye kare bote me nongo gwok iguda pa ongera ni?

Jo ma tye cok ki lutwo gwok iguda pa ongera macalo; dano ma bedo iot karcel ki dano ma rwatte ibuto calo laco ki dako (wa mon macate iyoo me butu

Dano matye ka gwoko lu two gwok iguda pa ongera labongo gin me gwoke gi

Dano ma gidwaro, neko, mako ki yango lee calo ayita, oyoo, oba ki ongera.

Dano ma tiyo iot pimme labongo tic ki gin gwoke gi maber

Lutino, mon muyac ki dano ma tye ki goro me yot kom mukene

Rwatte ibutu ki dano mapol ma ingeyo onyo pe ingeyo

Kadi bed ni jomukene kare tye kere botgi, pire tek me ngeyo ni ngat mo keken kamo keken twero nongo gwok iguda pa ongera ni

Itwero gwoke nining wek pe inong two ni?

- Gwoke ki bedo cok (wang ki wang, del kom ki del kom, dog ki del kom, dog ki dog) ki dano matye ki two ni onyo lanyut me two ni
- Gwoke ki gudu onyo ribo jami calo kabutu, jami cam, bongo, cim onyo jami ngat matye ki lanyut two gwok iguda pa ongera.
- Gwoke ki gud lee me lum weny (makwo onyo mutoo) tutwale ma ngene ni gi tye ki kwidi virus, calo; oyoo onyo ongera, kibene ma nen calo komgi lit onyo mutoo
- Pe icam lee tim (Ayita, oyoo, obar ki ongera)
- Yat agwera me two gwok iguda kitwero miyone bot ngat ma obedo cok ki ngat ma tye ki two gwok iguda pa ongera onyo jo ma kare kere botgi me nongo two ni

Pi ngec matut ki kony, goo cim bot gangkal madit me yot kom inama ma pe kiculu pire 0800 100066 onyo cwal SMS me nono bot U-report inama 8500