



THE REPUBLIC OF UGANDA
MINISTRY OF HEALTH

MPOX

GIMA BER INEY

Mpox(macon ilwono ni Monkeypox) obedo two ogwaje(two ma ji nwanjo kwonj ogwaje) madudi tektek mere yo central Afrika kodi west Afrika aka diceldicel loka nyai wiloka manman.

Mpox obedo two ma kudin makinenerere gi waje kelo. Ranyuth mere cale kodi apa jono majotwo ngaka to saragona go dheidhei ye.

Ranyuth mere:

- Kelo kasengo kosa ngaka
- Kelo aowa kwonj kosa musuja
- Dwond dhole kosa tawa
- Wic afudha
- Del jony
- Kelo litho i lingolo kednet
- Meni loyo dhano
- Kelo awanjmac



Two me nyai nedi?

- K'inen wipodhere akor kosa wibedo cegin kanyacel:
 - K'inen igeyo magambala kosa modhino um dhano ma two two no.
 - Ywayo luya ma gigipiny m'oduwere gi two kosa cilo ma two no.
 - Nger m'onwanji ni two me poker'iyee tektek, obedo riwirok idier jicwo gi dhako.
 - Gigipiny m'oduwere gi two no paka piso, tatu, kanindo, waya mamoyo nangin, nangin, sendere gi kikopin, kodi gigipiny ma cwo gi mon jo oro i macowe kikobo pajo, kodi gigipiny man man.
- Mpox roc kwonj ji luwo i geyo kosa bedo kanyaciel gi njata nitie gi two no kosa gi ogwanj kosa gi gimoro m'oduwere gi two no.

Na ma two Mpox me nyalo roc kwonj piyopiyo?

Jono ma jobedo kanyacel gi jono ma jotwo two me paka; jopeco kodi jogen pajo(kiri gi mon majotanere)

Ji majokuro jutwo Mpox aka joki ori gi genjrok m'otire.

Jodwar majoneko, tiyo, dano kodi tedo rinjo ogwaje paka ayidha, oyeyo, anyeri kodi onjere.

Jono majotiyo kamenyo two majo ngoye kodi gi genjrok maripere.

Nyithindo, moni majonigi iyijo, kodi ji man ma del pajo nyap ru two makacel.

Jono majonitie gi jogen makacel.

Kadanende joman jonyalo bedo gi lifol m'okale ma nwanjo two me loyo joman, ber njeo ni nyatoro moro je, kamoro je nyalo nwanjo tow Mpox.

K'imito njeo madit, goyi simo ri kweth ma mako kwong Kwo i namba manono 0800 100066 kosa dhiri WAC MANONO ri U-Report i namba 8500.

Inyalo nedi gwokirok kwonj two Mpox me?

- Gwokere bedo kanyacel(podhirok akor, cwiyirok adhok), bedo kanyacel kodi jono m'atiek kikewira jo t'anwanjo ni jonitie gi two Mpox.
- Gwokere mako, geyo kosa lewo gigipiny paka kanindo, sendere kodi kikopin, nangin, simere kosa gigipiny pa njati manitie gi ranyuth ma two Mpox.
- Gwokere geyo kosa mako ogwaje moro jie madudi (makwo kosa m'otho), loyo tektek majonjere i poko two, paka oyeyo, ayidha kosa onjere kodi majoneno pagin jotwo kosa m'onwanj jotho.
- Gwokere camo ogwaje ma dudi (ayidha, oyeyo, anyeri kodi onjere)
- Yath kato ma two ngaka inyalo miyo ji majobedo kanyacel gi jotwo Mpox kosa jono ma lifol nyalo mako jo nwanjo two Mpox.