



THE REPUBLIC OF UGANDA
MINISTRY OF HEALTH

MPOX

EBYOBONGANUWE KUMANYA

Mpox (enuma egghi bwetuwa gha Monkeypox) Mbulwaye obukuletuwagha kahuka nkalugha mubisolho nkataha nkaghenda mubhantu obukubhagha mubitwike ebisuyimu mbulha hamui nabibila nga mu Central na West Africa kandibukutwalibuwagha mubitwike binji.

Mpox Ekuletuwagha kahuka, ka Virus. bwakuloleloho bulingabwamulwaye wa Smallpox bhaatu butali bwamani.

Bhumanyikilijo na bhwokuloleloho:

- Buhele hele hamubili
- Kitumo
- Bibhode hamumelo
- Mutuwe
- Mubili kukusalila
- Mughongo kukusalila
- Kubuluwa'mani
- Kubhimbakaka mungingonging



Bukutehagha Butiya?

- Muntu namuntu kukwatangana:
 - Kukwatana kubahai na ebilughiye mumubili gwamulwaye
 - Kusika mwika oghulimu buhuka kedha virus
 - Ekikusingagha kutehiya bulwaye buni nikutelana okulihagati yamusasa na mukali
 - Bintu ebisighiwe bulwaye nga; bilalilo, bilwalo, byakuliloho na binji bikaniye
- Mpox bukutehagha muntu kulugha makutelana namuntu kedha kisolo ekilwaye kedha kintu ekikwatuwe namuntu oghu alwaye.

Nani oghu ali ahabutaghalale bwa kulwala Mpox?

Bantu abali hai na balwaye ba Mpox nga bantu ba munumba egghi elimu mulwaye, abaswelangane hamui na bakweghuliyagha

Baloleleli ba balwaye ba Mpox abatali na bikwato bya kukolesiya byakwelinda bisemeye.

Bantu abakuhighagha, kwita, kukwata, bakinjagi ba bisolo hamui na bakutekagha bisolo nga kapkhetu, mbebha, mususu na nkunga.

Bantu abakukolelagha mwekebilelo lya saaghama batalina bikwato bya kukolesiya byakwerinda bisemeye.

Baana, bakali bakuliye hamui na baabadhotaguwe mibili habwa ndwala sinji

Bantu abali nabaghorjebuwa bakaniye kedha babulikilo abatamanuwe.

Nangubhelha bantu banji bandiba aha butaghalhalhe bwamani kusaliya banji nkyamughaso munu kusuka nti muntu wena hantu hona wangutungu bulwaye bwa mpox.

Kumanya ebhikaniye na bhuyambi otelele minisitule yebiyobwomili asimo yabusa 0800100066 kedhatu osindike butumuwa ha U-Report ha 8500

Welindiye otiya kutatunga bulwaye buni?

- Weghendeseleje kusanganganiya bhusu na bhusu, mubhili na mubhili, munuwa na munuwa gyawe nabyamulwaye wa mpox.
- Welinde kukwata kedha kukolisiya kedha kughabana bintun ga bilalilo, ngoye, byakulilo, simu kedha bintu binji bya muntu oghu alina bwakololelo bwa mpox.
- Welinde bisolo bya mukisaka (ebikuye kedha ebikaaye) kukila munu ebi manyuwe mukuhika kahuka nga nkunga nebhi ebhili nga ebulwaye kedha ebisanguwe bikuye.
- Welinde kuliya bisolo bya mukisaka (nga bupkhetu, mbeba, misusu na nkunga).
- Kikato kya smallpox kyandihebuwa muntu oghu asanguwe ahikiye hai na mulwaye kedha oghu ali ahabutaghalale bwakukwatuwa bulwaye buni.