

MPOX

EBY'OSEMERIIRE KUMANYA HA MPOX

Mpox (eyekaba neyeta oburwaire bw'enkende kara (Monkey Pox) oburwaire obukuletwa akahuka (akataito muno akakujanjabwa mubantu kuruga mubisoro) kinu nikibaho muno mubikaro ebiri hagati nabugwa izooba ya Africa kandi obundi nibutwarwa mu biikaro ebindi

Mpox neretwa akahuka akataito (virus). Obw'okuroraho nyenyehurra yabwo eri nk'eyebisuni mubarwaire, baitu tibuli bwamaani muno nk'ebisuni

Obwokuroraho nyenyehurra

- Obuhere ha mubiri
- Omuswijja
- Kusaasa hamumiro
- Kuteerwa omutwe
- Kucenywa omubiiri
- Kusaasa omugongo
- Kuhurra otaine maani
- Kuzimba enfumbi



Nibuturra buta/nibujanjara buta?

- Kwirra haihi n'abantu:
 - Kukwata hamubiiri ogwiine ebihoooya rundi amaizi g'omubiri
 - Kwikya orwoya orurumu obuhuka
 - Omulingo ogukyakizireyo kujanjaaza oburwaire nukwo kuterana nomuntu anyakwine oburwaire.
 - Ebintu ebigiirweho akahuka nk'enkiinzo, ebyooma ebikuhandiika tattoos, eby'okubyamira, engoye, ebyokuliiraho nebintu ebikuzesebwa kwemaza amairu g'omubiiri n'ebindi.
- Mpox neturra mu bantu kuraba mukukwataho/kwirra haihi omuntu owarwaire rundi ekisoro rundi ebintu ebiroho akahuka.

Noha ali hakabi ka Mpox?

Abantu abali haihi n'abarwaire ba Mpox, ekyokuroraho abantu abarukukoragana nabarwaire ba Mpox nkabakwikara munju emu nabaswire ngana nabakwetunda

Abantu abakuroterra abarwaire ba Mpox abataine ebikozesebwa ebihikire mu kweriinda.

Abantu abakuhiiga, abakwiita, abakukwata, abakubaaga ebisoro nkobukorwa, embeba, emisu enkeende nebindi.

Abantu abakukora nambere bakeberra omusaayi bataine ebikozesebwa ebihikire mukwerinda

Abaana, abakazi benda nabantu abasobora kuba bataine maani mumubiiri habwendwaire ezindi

Abantu abakuterana nabantu baingi abatamanyire.

Nobukiraba ngu abantu abamu basobora kuba hakabi ka Mpox kukiraho abandi kikuru muno kwijuka ngu buli muntu weena nasobora kukwaatwa Mpox

Noyerinda ota kutakwatwa oburwaire bunu?

- Wetantale kwirra haihi (maiso-na-maiso, mubiiri-ha-mubiiri, munwa-ha-mubiiri, munwa-ha-munwa) nokwirra haihi n'abantu abagumibwe kuba baine oburwaire bwa Mpox rundi abaine obwokuroraho bwa Mpox.
- Wetantale kukwataho rundi kuzozesa hamu ebintu nke ebyokwesweka, eby'okuliiramu, ebyokujwaara, amasimu, rundi ebintu ebindi byoona eby' omuntu owaine obwokuroraho bwa Mpox.
- Wetantale kwirra haihi ebisoro by'omukisaka (ebyomeezi rundi ebifiire), kukira muno ebi ebimanyirwe mukutwaara akahuka nkembeba rundi enkeende nebi ebikuzooka nkebirweire rundi ebikusaangwa bifiire.
- Werinde kulya enyama y'ebisoro by'omukisaka (obukorwa, embeba, emisu n'enkende)
- Omubazi gw'okugema ebisuni nigusobora kuheebwa abantu abakwirra haihi nabaantu abarwaire rundi abo abali hakabi kamaani kutunga oburwaire.

Kumanya ebikukiraho, teera enamba yesiimu eyabusa eyekitongole ky'ebiyobwomeezi 0800100066 rundi sindika OBUTUMWA OBWA BUSA ha U-Report ha 8500.