



THE REPUBLIC OF UGANDA
MINISTRY OF HEALTH

MPOX

SWOLI NOHUMANYA

Mpox-(obwali nibumanyehane koti obulwaye bwa mahene(Ehembo) bulwaye buno buletebwa nende ahabuha hasembayo ohuba hadidi mubibuha biretta obulwaye bwosi. Obulwaye buno budira ebisolo nende abandu. Obulwaye buno busisira mubichaha mubyalo bye bukwalyuba nende akatikati musyalo syefwe sya Africa.

Obulwaye bwa Mpox buletebwa nende ahabuha hasembayo ohuba hadidi mubibuha biretta obulwaye bwosi. Obubonero bwo bulwaye buno bufwana koti obulwaye bwe Nundu(simolopoxi) naye sibuba bwamani muno.

Obubonero

- Ohuseruha omubiri
- Omubiri ohubaala
- Omuporokodo ohuchuna
- Omutwe ohuchuna
- Omubiri kwosi ohuchuna
- Obuchuni bwo mukongo
- Obutaba na maani
- Embudyehe ohufwimba



Bundira butye?

- Omundu huu mundu:
 - Ohuba ambi oba ohwegengenaho nomulwaye ali namakonjo oba amaachi ohutula mumubiri
 - Ohuyeera embowo chirimuno esibuha sino
 - Abandu bahira obungi bafunire obulwaye buno muhwegata nende alinabwo.
 - Ebindu biri nende esibuha nga esindaani, obuliri, amasuka, engubo, ebindu byohuliraho, ebitoyi bibahosesa ohwegadanga nende ebindu bindi.
- Mpox budira abandu ohubitira mu; ohuba awambi nende omundu lwala oba esisolo silwala Mpox oba ohudira esindu siri nahabuha hano.

Nanu anyala ohufuna ahalwaye ha Mpox hubwangu?

Abandu abali ambi muno nende abalwaye ba mpox, nga ebenyumba, nende abandehisaania, ni hulimo abacheke.

Abandu abalabirira abalwaye nga sibahosesa ebyohwerinda bilai.

Abayiimi, abeeta, ohubaala nohutekeha ebisolo nga emuuna, embeba, efuho nende amahembo(Amahene).

Abandu bahoola mulaabu/yibakeelera nga hasibahosesa ebyohwerinda bilai.

Abaana, abaahasi abali asito nende abemibiri minafu hulwe bilwaye bindi.

Abandu begata nende abandu bangi oba begata nabandu bangi babatamanyire amahabi mangi muno.

Wande abandu bandi banyala ohuba abi muno ohiraho abandu bandi, syomugaso muno ohwichulisa oti omundu yesi, abundu wosi anyala ohufuna mpox.

Nodahumanya ebingi, Huba husiimu ye Esitongole syo bulamu eyebihaya: 0800 100066 oba sindiha esitebo huu U-ripota 8500 yibatasasulila esende/yebihaya.

Werinda otye obutafuna esibuha Sino?

- Otusaduhu owambi oba ebitundu bino byabukanana (obweni huu bweni, esihoba huu sihoba, esihoba huu munwa nende omunwa huu munwa) eyiri omundu ahahasibwe obulwaye bwa Mpox oba aliho otubonero tuwo bulwaye bwa Mpox.
- Wekaaye ohudira oba ohukabaana huu bindu nga obuliri, ebindu byohuliraho, engubo amasimu oba ebindu bindi byo mundu ali nobubonero bwa Mpox
- Wekaaye ohuba nende ebisolo byo musiino, (ebilamu oba ebifwiire) nadala ebimanyihane ohuba nende esibuha nga emuuna, embeba oba amahembo nende ebyo ebibonehana ohuba ebiwaye oba ebifwiire.
- Wekaaye ohulya esisolo syo musiino nga emuuna, embeba, efuho nende amahembo.
- Obuleesi buhingakira Enundu(Simolopoxi) bunyala ohuberesanisibwa huu mundu ali owembikiti nomulwaye wa'Mpox oba ali nende emikisa chohufuna ahabuha ha Mpox.