

Bulwale bwa Mpox



Mpox buli bulwale bubutuyikhana mu bisolo bye musiru nga binywinywi, tisimbeba, mayila atwela ni tsikhobe.

Mpox buwamba babandu khubirira:

- Khuba simbi n'umundu uli ni bulwale namwe sisolo silwale
- Khuwamba khubindu bibichafuwale nga kametsi ke kumubili kw'omundu uli ni bulwale, tsingubo atwela ni bye khukhwibimba.

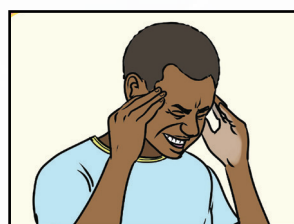
Bubonelo ni Butsina bwa Mpox:



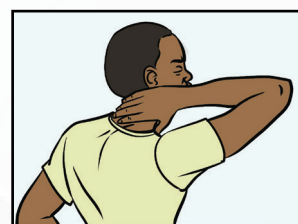
Khururaka khu mubili namwe sikhoba



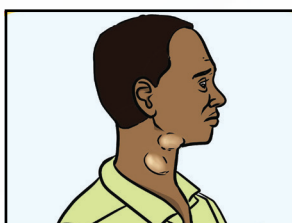
Bubile



Kumurwe khutanya



Khutsinikha mwibili



Kamakonzyo mwikosi



Khunikina mwibili

Ilinda wamwene isi bulwale bwa Mpox nga wikhinga:

- khuba simbi (bubweni-khu-bweni, sikhoba-khu-sikhoba, nalundi kumunwa-khu-munwa) n'umundu ukakasibwile khuba ni bulwale.
- Ikhinga khuwamba namwe khurambisila twela bibindu nga byekhukhwibimba, bye khulilakho, tsingubo, tsi-simu namwe bibindu bibindi by'omundu uli ni bulwale.
- Ikhinga khuwamba khu bisolo bye musiru byositsana (bilamu namwe bibifile)

Khumanya bibifurakho ni buyeti, khupila ministry ye bye bulamu khu namba ikhali iyekhususulila tawe khu **080010066** namwe sindikha bubakha khubusa khu **U-Report** khu **8500**