

# Indwara ya Mpokisi



Mpokisi (Ubushiita bw'inkende) n'indwara isangwa mu nyamaswa nyeshamba nk'inshom-babyuma, imbeba, ifuko, n'inkende.

Mpokisi (Ubushiita bw'inkende) yandura mu bantu inyuriye:

- Kwegera hafi y'abantu cyangwa inyamaswa ziyirwaye
- Gukoresha ibikoresho byakoreshejwe n'uwanduye iyo ndwara, nko kwegera itutu ryo ku ruhu rw'umubiri we, imyenda ye cangwa ibisaswa ku buriri bwe.

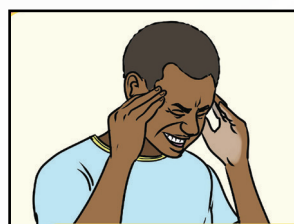
## Ibimenyetso biyiranga ni:



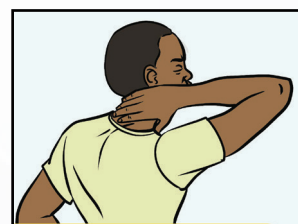
Ubuhere ku ruhu/ku mubiri



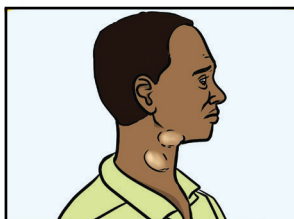
umuriro



Kubabara mumutwe



Ku babara umubiri wose/ingingo



Kugira ibitakara mubikanu



Umunaniro/kuruha

## Wiirinde Indwara ya Mpokisi (Ubushiita bw'inkende) we kwibanda mu

- Kwegera hafi (amaso – ku – maso, umubiri – ku – mubiri, hamwe n'umunwa – ku – munwa) by'umuntu ufashwe n'iyi ndwara
- Gufata cangwa gukoresha hamwe ibintu nka; ibisaswa ku buriri, ibyokuriiraho, imyambaro, n'amasimu y'umuntu ufashwe n'iyi ndwara
- Kwegera inyamaswa nyeshamba zose (inzima cangwa izipfuye).

Kumena ibirutaho, wahamagara Ministry ishinze iby'Umuzima ku namba itishurirwa ya: **0800100066** ukohera ubutumwa bugufi butari ubwo kwishurirwa kuri **U-Report** kuri **8500**