

Oburwaire bwa Mpox

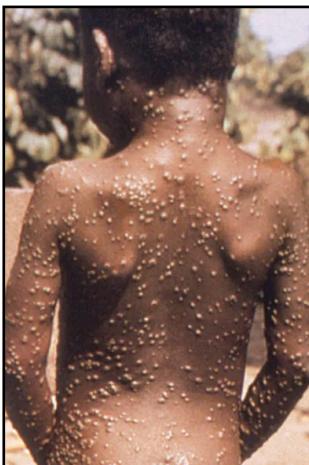


Mpox burwaire obukusangwa mubisoro by'omukisaka nka obukorwa, embeba, mususu hamu n'enkende.

Mpox netuurra mu bantu kuraba mu:

- Kwirra haihi rundi kukwataho omuntu anyakurwaire rundi ekisoro
- Kukwataho ebintu ebigiirweeho akahuka nkamaizi agakuruga mu mubiri gw'omurwaire, ebijwaro neby'okweesweeka.

Obwokurorraho rundi enyehurra eya Mpox nubwo bunu:



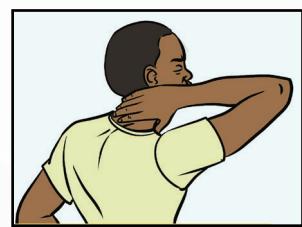
Obuhere ha mubiri



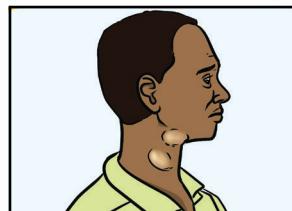
Omuswija



Kuteerwa omutwe



Kusaasa omubiri



Kuzimba enfumbi



Kwehurramu orubeho

Werinde Mpox noyetantara binu:

- Kwirra haihi (maiso-na-maiso, mubiri-ha-mubiri, munwa-ha-mubiri, omunwa ha-munwa) nomuntu anyakurwaire
- Kukwaataho rundi kukozesa hamu ebintu ebyokwesweeka, ebyokuliiramu, ebijwaro hamu n'esimu eyomuntu anyakwine oburwaire
- Kwirra haihi n'ebisoro eby'omukisaka (ebyomeezi rundi ebifiire)

Kumanya ebirukukiraho teera enamba yabusa ey'ekitongole ky'ebiyobwomeezi eya 0800100066 rundi sindika OBUTUMWA OBWA BUSA ha U-Report ha 8500.